

# Mariannridge Community Projects

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<u>Community – based</u>	<u>Community - built</u>	<u>Networking</u>	<u>Consultancy</u>
Clinic Programme	Empowerment Project	Jump for Life	Teachers workshop
Young Mothers Group	Library Literacy Project	Hospital Transport taxi association	
Disability Support Group	Dance Project		
School Literacy Project	Extramural Activities and Physical Education		
Crèche Stimulation and Training	Mentoring Programme for Recovering Addicts		
Wheelchair Workshop	Graphic Design Project		
			(Moola. Et al. 2015)



# Clinic Programme

## Overview and Rationale

- Clinic is a municipal resource available for the community to access.
- Offers free services.
- Project involves health promotion and provides opportunity for the community to be aware of the services we healthcare professionals offer.

(Moola. Et al, 2015)

## Aims and Objectives

- To continue the clinic program at the clinic every morning.
- To check the clinic and ridge café Referral boxes.
- To set up the gazebo to use for conducting screening.
- To conduct a hearing screening day.
- To conduct screenings, home visits and referrals as necessary.
- To sustain the relationship between UKZN students and clinic.

## Implementation

- Day 1: -Intro to clinic as new students
  - Explanation of role, contact details and how to use referral box
  - Begin screening
- Thereafter continue screening and conducting home visits, individual treatments and referrals.

# Young Mothers Group

## Overview and Rationale

- High prevalence of teenage pregnancy in community
- Over 18 young mothers in the high school
- Support group for young mothers and expecting young ladies is held to improve coping skills and encourage attainment of normal functioning in daily lives.
- “Intervention will seek to help these young mothers to attain their academic or work goals, feel accepted socially, love themselves unconditionally and source support for themselves in terms of their parenthood responsibilities that they need to fulfil.”

(Moola Et al, 2015)

## Aims and Objectives

- To monitor attendance.
- To equip young mothers with skills to cope emotionally
- To create a safe environment for young women to share concerns and joys and gain support.
- To encourage the parents of the learners meeting to incorporate sex education to their children, support to their children and loving them unconditionally so that they do not feel the need to search for love from the opposite sex, and support and acceptance of their children after they have fallen pregnant
- To collaborating with early pregnancy or HIV/AIDS agencies or organizations to hold awareness and health promotion rallies that focus on abstinence and engaging in protected sex.
- To encourage members to bring friends or family who fall into this group category.
- To find out what messages or skills the participants have previously learned.
- To create prevention methods in and around Mariannridge
- To encourage CCG involvement to run mom and tot group to provide further education on motherhood and education in raising a child.

(Moola Et al, 2015)



## Implementation

- Contact Mrs Maharaj to form a relationship and gather info on time/venues for group.
- Identify and contact participants to inform of new group for the year.
- Brainstorm ideas for implementation of mother mentoring programme.
- Begin with introductory group in week 1
- Advertise group via posters in community

# Disability Support Group

## Overview and Rationale

- Group was initiated due to self and community stigmatisation that accompanies disability in Mariannridge.
- Offers persons with disabilities, their caregivers and other family members opportunity to share concerns and supports with others, thus uniting around common experiences and learning through each other.

## Aims and Objectives

- To re-initiate the group with new members that have been identified from the clinic, CCG and home visits.
- To decrease occupational injustice
- To decrease the stigmatisation attached to disability.
- To create an environment of emotional support.
- To improve social interaction amongst people with disability.
- To promote identification of personal strengths thus improving self esteem.

(Moola et al,2015)

## Implementation

- Contact previous members to ascertain whether or not they will attend new group.
- Gather feedback on what they would like to see in future groups.
- Posters around community to encourage attendance of new members.

# School Literacy Project

## Overview and Rationale

- Department of Education conducted national evaluations of literacy levels in SA within primary schools.
- Results indicated low levels of literacy skills (Department of Education, 2008).
- Found that a large number of learners in Mariannridge Primary School have difficulties reading and writing.
- Project aims to promote literacy development and provide intervention for learners who are 'at risk' in the primary school, as literacy lays the foundation for school success.
- Project is in the implementation phase.

(Moola et al, 2015)

## **Aims and Objectives**

- To gather information on the project from the primary school.
- To implement new sessions for 2016
- To continue with the Gr R literacy programme.
- To begin speech therapy and OT therapy group programmes weekly.
- To follow up on referrals.

# Crèche Stimulation and Training

## Overview and Rationale

- Visit the various crèches in mariannridge to screen the children to identify any possible problems
- Equip teachers with the necessary skills to Identify red flag behaviours

## Aims and Objectives

- To see specific clients that have been identified in order for efficient and effective intervention to be done
- To follow up on implementation of previous teacher workshops
- conduct fine and gross motor stimulation to screen for possible red flags



## Implementation

- Go visit the crèches to inform them that students are back
- To follow up with referrals from Everland and Kingdom life for individuals who have been identified
- To build a good rapport with crèche staff and include them in intervention.

# Wheelchair Workshop

## Overview and Rationale

- Have an informative talk on the use and care of wheelchairs with wheelchair users and their caregivers in the community.
- Do wheelchair applications for community members who are in need.

## **Aims and Objectives**

- To do wheelchair training once the wheelchairs arrive
- with these individuals, to encourage the correct and the safe use of the wheelchairs

## **Implementation**

- Follow up on the six pending wheelchair applications.
- Contact Mrs McIntyre for the follow up.
- follow up with the CCGs with regard to new wheelchair assessment referrals

# Community Built Projects

# Empowerment Project

## Overview and Rationale

- This project is a means to empower the women running a clothes selling business in the community to earn an income.
- Permission was requested from the UKZN Risk Management Services to set up a donation box on campus.
- This business is beneficial to the employees as it not only provides income for them but teaches them business management and skills to sustain a business.
- They are responsible for the stock taking and calculating and dividing the profit to allocate equal salaries to the workers.

## Aims and objectives

- To look into setting up another drop box at Howard campus.
- Analyze the strengths and weaknesses of the business and work to improve any weaknesses or maintain the strengths.
- To work together with women to ensure better strategies in the running of the business. This may involve a brief workshop on basic business management skills.

# Library Literacy Project

## Overview and Rationale

- This project also identified as the Mariannridge Library Bookworm Club aims to promote reading amongst the primary school learners.
- It is headed by the library assistants and allows the children to have a place to openly discuss the books they are reading.
- The project promoted the use of the library among the students and provides competitions to encourage reading.
- It is a great way to address literacy as well as involve reading in a social setting where the learners have to express their thoughts and feelings.



## **Aims and Objectives**

- To collaborate with the school principal in heading up the project this year, talking to the previous members to motivate other students.
- Approaching and collaborating with the library assistants, giving out flyers about the book club.

# Dance Project

## Overview and Rationale

- Project offers various dance programs and routines; dance classes are run by a young lady in the community called lady love.
- She has a passion for dance and has built great rapport with the youth of the Mariannridge community.
- Project provides a means for these young kids to learn something new or be engaged in meaningful leisure.
- Occupational engagement is more than doing, it's the ability to sustain the occupations an individual decides to incorporate into his/her life.

## **Aims and objectives**

- To maintain the partnership with Lady Love and continue to provide the dance programs to the youth and school.
- To ensure that Lady Love is supported by the team and allow the development of her skills and goals.
- To collaborate with the high school to accommodate for this project as an extramural activity, look into P.E period as they may not be able to stay afterschool due to transport.

# Extramural Activities and Sports Program

## Overview and Rationale

- Physical education and sports have an impact on education.
- Through participation key values can be taught: Discipline, honesty, teamwork, fair play, respect for others and themselves, adherence to rules.
- Sports-based programs can improve learning performance by encouraging school attendance and a desire to succeed academically.
- Lack of sport may lead to occupational deprivation and misuse of after school leisure time.

# Mentoring Program for recovering addicts

## Overview and Rationale

- The group was previously run by students and a mentor.
- There is still a lot of stigma attached to addiction and it is important for the students to consider this when offering this service, it is not just the people suffering with addiction who need the help but the families as well.
- The community is a very important aspect in the rehabilitation of individuals facing addiction as they return here post rehab. This can be a resource in terms of support systems when they are re-integrated into the community.

(Moola *et al*, 2015)

## **Aims and Objectives**

- Make contact with the social worker and the mentor to begin planning for these groups. This communication will allow for effective planning and
- Prior to the groups running again it was recommended (by the OT 4's - 2015) for a workshop to be conducted with mentors and students on group skills that will help in sustaining the group and their effectiveness.
- Meetings should occur between the team as well as the families and individual facing addiction.
- Provide a support system during reintegration into the community from rehabilitation, this will need the team to collaborate with NPC students in the carry-over of Mariannridge clients.

## **Implementation**

- Meet with community based mentors to discuss previous groups.
- Make use of community facebook page to advertise.

# Graphic Design Program

## Overview and Rationale

- Initiated by students in 2014 and carried over in 2015.
- Due to the uniform layout of municipal buildings in Mariannridge, community members do not have a sense of belonging to the buildings they live in.
- Thus project is based on contemporary street art in order to create a unique environment.
- Previous students have been seeking permission to carry this project forward so that it can be implemented however thus far no approval has been given. Processing of approval still in place.



## **Aims and Objectives**

- To contact Thabiso Molefe regarding progress of project.
- To contact Ms Fumana Gangatele to follow up on approval of project.
- To seek sponsorship for paint for the painting of Ridge Cafe.
- To start the painting of Ridge Cafe with Boyce Dlamini.

Networking

# Jump For Life

## Overview and Rationale

- For students to work with Jump For Life organization to develop a community programme

## Aims and Objectives

- to inform the students at the High School about the programme once it has been developed
- to send a formal thank you to the Jump for Life organization in order to maintain the relationship between UKZN and the organization.
- Once the volunteer has been trained, to assist in the development of a weekly programme in the community
- To contact Nthuthuko once the volunteer has been identified and to commence the training process.
- To keep in contact with Ramon who will be assisting in finding a volunteer that will run the programme in the community.

## Implementation

- to contact Nthuthuko and reassure him that we are still interested in the running of the programme within the High School and that an opportunity has been created to work in conjunction with the Sports Science students.

# Hospital Transport

## Overview and Rationale

- In 2014, students recognised a need for transport to and from RK Khan and Mariannridge.
- Existing transport was time consuming and costly.
- Patients were not adhering to appointments leading to decreased health maintenance of community.
- Dial-a-ride denied service to community members in 2014.
- Previous blocks have been unsuccessful in finding a solution.

## Aims and Objectives

- To follow up with the CAST co-ordinator with regard to the outcome of the transport proposal by the previous block.
- To brainstorming alternate solutions to organise a cheaper form of transport.
- To research on and make clients aware of cheaper taxi fare routes.
- To attempt liaison with dial-a-ride





# Teachers' Workshop

## Overview and Rationale

- To make teachers more aware of the importance of literacy development.
- Equip teachers with the necessary skills to :
- Identify red flags signs
- help children reach reading and writing milestones

- **Aims and objectives**
- to provide home programmes for the parents of the children being treated in order to ensure that treatment is being carried over in the home environment.
- For the teachers to be given another workshop with regard to ways of assisting these students
- carrying over the treatment provided by the TDT.

## Implementation

- arrange a time with Mr Braus and the teachers for another workshop.
- follow up on the list of students being referred by their teachers to the TDT.

# References

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**Thank You**